



## FIRST AID COVID19 POLICY PHASE 2

### LANGLEY UNITED SOCCER ASSOCIATION

#### FIRST AID RESPONSE & PROCEDURES Emergency Action Plan

*Note: For trained OFFA protocols, refer to WorkSafeBC document provided below.*

These procedures are only for our staff with minimal first aid experience. The following measures have been put in place to reduce risk to our staff. Do not attempt any medical treatment that you are not trained to provide. Seek for professional trained assistance or call EMS/911.

There will be a first aid kit available at every location. Also, every staff has been given their own first aid kit for minor injury treatment.

#### Minor First Aid (All Patients)

A minor first aid is an ailment that can be cared for on-site. The patient/player is fully conscious. Examples include abrasions, lacerations, etc.

#### ***The recommended action(s) to take to manage a minor first aid is to:***

- Give verbal instructions to the patient from a distance of 2m for self-treatment
- Ask player: Are able to administer first aid to themselves if you tell them what to do and how to do it?
- After first aid is conducted do a visual assessment of the wound from a distance and ask the player about underlying conditions relating to the injury.
- Place the required first aid supplies on a surface 2 m from the patient. Step back and direct the patient to pick up and apply the supplies. Then verbally conduct a modified secondary survey and documents the findings.

#### ***Examples of self medical treatment:***

- cleaning their own wound
- Placing cold pack on injury
- Wiping and stopping their own nosebleed

**NOTE:** If the young soccer player cannot administer self-treatment, locate the first aid attendant at the location that will have the proper PPE for treatment.



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If NO first aid attendant is available, try to locate his/her parent or legal guardian for assistance.

### Major Emergency (Screened Patients)

A major emergency is a first aid that requires EMS/911 activation.

### Guidelines:

- Stay with patient at all times
- Notify designated First Aid attendant at location
- Locate parent or guardian, if possible
- If no First Aid attendant is available, activate EMS/911
- Have a parent/volunteer go to designated area where First Responders would arrive at the location to direct them to the patient

### Example Call to EMS

Identify yourself and your role in the emergency situation Specify your location: (Langley Township Field and venue Location) There is a First Aid Emergency at Willoughby Community Park. Please note no AED is available.

Please send an ambulance to (designated entrance).

Call person (designated Person's Name) will meet the ambulance there.

Give name(s) of injured/ill individual(s)

Give approximate age of injured/ill individual(s)

Condition of injured/ill individual(s)

Level of care being provided

Time of incident

Ask "Can you please provide me with an estimated time of EMS arrival?"

Supply the telephone number that one can be reached at is: (Phone Number)

If the status of the emergency, or facility accessibility changes, update EMS with those changes immediately.



## **FIRST AID COVID19 POLICY PHASE 2**

**Do not attempt any medical treatment that you are not trained to provide.**

### **For First Aid Attendants with appropriate training**

Provide care wearing gloves, respiratory protection (E.g., N-95 mask), eye protection (E.g., safety glasses, goggles, face shield, etc.), protective clothing (E.g., apron, coveralls, gown, etc.)

- patient wears cloth face covering (E.g., surgical, non-surgical mask, t-shirt, bandana, etc.)
- no oxygen therapy
- help administer medication(s)
- follow disinfection protocol
- Have a parent/volunteer go to designated area where First Responders would arrive at the location to direct them to the patient

### **Resuscitation Emergency (All Patients)**

A resuscitation emergency is a major emergency where the patient is not displaying signs of consciousness or breathing.

The recommended action(s) are to be taken to manage a resuscitation emergency:

- activate EMS
- administer compression-only CPR provide care wearing gloves, respiratory protection (E.g., N95 mask, half-face respirator, full-face respirator), eye protection (E.g., safety glasses, goggles, face shield, etc.), protective clothing (E.g., apron, coveralls, gown, etc.)
- patient wears cloth face covering (E.g., non-surgical mask, t-shirt, bandana, etc.)
- no oxygen therapy
- follow disinfection protocol
- Have a parent/volunteer go to designated area where First Responders would arrive at the location to direct them to the patient