



## COVID19 OUTBREAK PLAN SPRING 2021

### LANGLEY UNITED SOCCER ASSOCIATION

#### OUTBREAK PLAN

Early detection of symptoms will facilitate the immediate implementation of effective control measures. In addition, the early detection and immediate implementation of enhanced cleaning measures are two of the most important factors in limiting the size and length of an outbreak. Information received from ViaSport is that an “outbreak” is two or more cases of COVID-19.

1. Mark Parker, Chesley Hannesson, Azad Palani, Marcel Horn & Mike Thompson have been identified as the staff and board members if a case or outbreak is reported. These members of the LUSA organization have the authority to modify, restrict, postpone or cancel activities.
2. If staff (including volunteers) or any participants reports they are suspected or confirmed to have COVID-19 and have been at the workplace/activity place, LUSA will implement enhanced cleaning measures to reduce risk of transmission.
3. Implement the LUSA illness policy and advise individuals to:

#### Self-isolate

Monitor symptoms daily, report respiratory illness and not to return to activity for at least 14 days following the onset of fever, chills, cough, shortness of breath, sore throat and painful swallowing, stuffy or runny nose, loss of sense of smell, headache, muscle aches, fatigue and loss of appetite.

Use the COVID-19 self-assessment tool at BC COVID-19 Self-Assessment Tool to help determine if further assessment or testing for COVID-19 is needed.

Individuals can contact 8-1-1 if further health advice is required and 9-1-1 if it is an emergency.

Individuals can learn more about how to manage their illness here:

<https://www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html>

<http://www.bccdc.ca/health-info/diseases-conditions/covid-19>



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4. In the event of a suspected case or outbreak of influenza-like-illness, this should be immediately reported and discuss the suspected outbreak with the Medical Health Officer (or delegate) at our local health authority. LUSA will then implement your Illness Policy and our enhanced measures.
5. If Langley United is contacted by a medical health officer in the course of contact tracing, cooperate with local health authorities.

For more information on cleaning and disinfecting: <http://www.bccdc.ca/search?k=cleaning%20disinfecting>

Regional Health Authorities: <https://www2.gov.bc.ca/gov/content/health/about-bc-s-health-care-system/partners/health-authorities/regional-health-authorities>