



ILLNESS POLICY SPRING 2021

The Langley United “Illness Policy” is applicable to all LUSA staff, volunteers, referees, members, players and each of their family members with respect to illness and attendance or participation in any sanctioned LUSA event. Noncompliance with the requirements of this policy could result in removal from the sanctioned activity, suspensions and in situations of gross negligence, removal from Langley United and all sanctioned activities and events.

Defined Terms

“Activity” shall be defined as LUSA sanctioned activities (i.e. training session).

“Facility / Field / Location” shall mean any LUSA / TOL facility used for any activity including but not limited to clubhouses and fields.

“Team Member” is defined as any staff member, volunteer, participant, or family member of any of these.

IT IS MANDATORY FOR ALL TEAM MEMBERS TO INFORM A LUSA OFFICIAL, TECHNICAL STAFF MEMBER OR COACH/MANAGER IMMEDIATELY IF THEY FEEL ANY SYMPTOMS OF COVID-19 SUCH AS FEVER, CHILLS, COUGH, SHORTNESS OF BREATH, SORE THROAT AND / OR PAINFUL SWALLOWING, STUFFY OR RUNNY NOSE, LOSS OF SENSE OF SMELL, HEADACHE, MUSCLE ACHES, FATIGUE AND LOSS OF APPETITE.

Self-Assessment Requirement

Team Members must review the self-assessment signage located throughout the facility / field / location before their participation in any activity to confirm that they are not feeling any COVID 19 symptoms.

Managers/coaches will visually monitor Team Members’ health throughout the activity.

If Team Members are unsure of any symptoms that they may be displaying, they should use the self-assessment tool [COVID Self-Assessment Tool](#) to confirm their readiness to participate in the activity.

If a Team Member is considered vulnerable or at risk (elderly individuals, immunosuppressed persons, individuals suffering from serious health problems, notably high blood pressure, pulmonary diseases, diabetes, obesity and asthma) Langley United must be notified of this vulnerability and the Team Member is requested to seek written doctor’s approval for participation in the activity.

If a Team Member is feeling sick with COVID-19 symptoms, regardless of severity (i.e., even mild symptoms)

They must remain at home.

They should consider contacting Health Link BC at 811.

They will be sent home immediately and unable to return until the symptoms clear completely. • No Team Member may participate in any activity if they are symptomatic.



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If a Team Member tests positive for COVID-19

The Team Member will not be permitted to return to any activity until they are completely recovered from COVID-19 and provide LUSA with a doctor's note confirming the same.

Any Team Member who has been in close contact with an infected Team Member will also be removed from all activity for at least 14 days to ensure the infection does not spread further.

If a Team Member has been tested and is waiting for the results of a COVID-19 Test

As with any confirmed case, the Team Member will be unable to participate in any activity until test results are received and a negative result is confirmed.

Other Team Members who may have been exposed will be informed and removed from the Activity for at least 14 days or until the diagnosis of COVID-19 is ruled out by health authorities.

If a Team Member has come into contact with someone who is confirmed to have COVID-19 or if someone in the Team Member's household is showing symptoms of COVID-19 team members must inform LUSA as soon as possible upon belief or confirmation they have been exposed to COVID-19.

The Team Member will be removed from all activity for at least 14 days or as otherwise directed by public health authorities.

Team Members who may have come into close contact with the Team Member will also be removed from all activity for at least 14 days.

Team Member Quarantine Requirements

Any Team Member who has travelled outside of Canada or the province within the last 14 days is not permitted to participate in any activity or be present at any Facility

Any Team Member who has travelled outside of Canada or the province within the last 14 days must quarantine and self-isolate.

Any Team Member who has been instructed by public health authorities to self-isolate is required to do so.